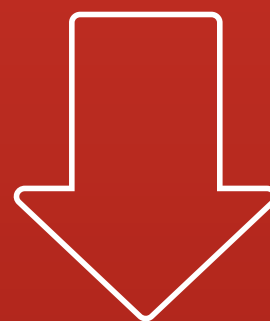




American
Heart
Association®

GET DOWN

WITH YOUR BLOOD PRESSURE



1

GET IT



2

SLIP IT



3

CUFF IT



4

CHECK IT



Check it every day. Self-monitoring is power.

Visit: heart.org/HBPControl or scan code for more.

